

mind body & soul

your essential guide to wellbeing

BritChiro helped me to get walking again



"MY dog Treacle and I live in the New Forest and ever since he joined our family we have been walking together. We love nothing better than getting out each morning and enjoying a good walk. It makes us feel happy and benefits our health.

Around September of last year I started to feel pain in my left leg, which got worse as the weeks passed and by Christmas I couldn't walk at all. My husband took over dog walking duties, leaving me feeling miserable at home. I missed my exercise.

My GP diagnosed sciatica, prescribed strong painkillers, and authorised treatment by an osteopath. The osteopath consultation did not go very well, and in my desperation I rang BritChiro Clinics in New Milton.

Dr Robert Viney (one of BritChiro's Doctors of Chiropractic) arranged an immediate appointment, took two series of X-rays, assessed my spinal damage and began my treatment there and then, no waiting. It was all very positive, exactly what's needed in such a situation.

I started off with three appointments per week, a lot of adjustments had to be made, and as the spinal damage started to repair itself, the appointments became more spread out. Treatments are now every two weeks, a pain free future is within my grasp, achieved without taking any harmful drugs and my dog and I are out walking again, every day, enjoying each other's company, looking forward to Spring and loving the beautiful forest.

What could be better?

A massive thank you to Dr Robert Viney and the BritChiro team. You have made Treacle and me happy again."

Helga Parker, Brockenhurst, Spring 2015

● BritChiro Clinics have been providing their private healthcare service to the people of the New Forest for over fifteen years. The award-winning New Milton branch has approx. 5,000 registered patients, and the Doctors of Chiropractic have the highest international qualifications and in-clinic X-ray, often crucial to accurate diagnosis. Clinic reception can be contacted on (01425) 62 88 44.

