

# Chairman of Horsham District Council praises **BritChiro** for superb service in treating his **Back Pain**



Councillor Brian O'Connell, his BritChiro Chiropractor, Dr Charlene Warnell and the Clinic Group Director, Dr Peter Westergaard outside the Horsham Branch in West Walk, next to Costa Coffee.

"I came to BritChiro as an emergency with my back locked. I couldn't move. I'd been having back pain for some time and knew it was getting worse when I couldn't bend to put my socks on in the morning but did not really pay enough attention to the symptoms. The occasional Sports massages helped but were really just a temporary release until the next time I moved awkwardly or sat in a bad chair for a long period.

I lead a hectic lifestyle running my own building company, being a District Councillor and Chairman of Horsham District Council. My life now consists of sitting at different desks and computers, jumping in and out of cars dashing from one meeting to another. As a young man I was in heavy engineering and abused my back getting into awkward positions and too much heavy lifting.

The BritChiro team were extremely professional, giving me an initial consultation, x-rays to my back and then treatment allowing me to move again and releasing all the pain. All on the first visit.

I had been attending osteopaths and other chiropractors for years but none had ever taken x-rays but pulled me and twisted in all directions. The x-rays revealed that my lower back was out of line and over a period of 4/5 weeks gentle adjustments were made to my spine 2 or 3 times a week getting everything back into line and then further treatment to get my back stable. Then the appointments reduced to weekly and will eventually become monthly maintenance appointments. I now have full movement again and can nearly touch my toes!!!

Seeing a vast improvement in my overall wellbeing my wife visited BritChiro as she had been complaining for many years of pains in her neck shoulders and right arm. Again x-rays revealed that at some stage in her life she had had some trauma to her neck and is now undergoing treatment. After just a few treatments the pain has gone and she is now getting full movement back in her shoulders and arms.

We both now wish we had come to BritChiro many years earlier as we would not have endured the aches and pains that have plagued us for years and now feel much better prepared for retirement."

**Brian O'Connell, Chairman Horsham District Council**

BritChiro Clinics have been providing their private healthcare service to the people of Horsham for nearly fifteen years. The award-winning Horsham branch has more than 8,000 registered patients, and the Doctors of Chiropractic have the highest international qualifications and state of the art digital x-ray examinations, often crucial to accurate diagnosis. Clinic reception can be reached on (01403) 275 000 for more information.